

## • Step 1: Choose your Greens

Our Basic Salad Includes: -Cilantro -Parmesan Cheese -Lemons or Garlic -Dressing WRAP IT UP ! Choose between Plain, Wheat and Spinach tortilla.

**Romaine**

\$3.99

**Baby Spinach**

\$3.99

**Spring MIX**

\$3.99

## • Step 2: Choose your Toppings

**Broccoli**

\$0.50

**Bell Peppers**

\$0.50

**Carrots**

\$0.50

**Corn**

\$0.50

**Croutons**

\$0.50

**Cucumbers**

\$0.50

**Garbanzos**

\$0.50

**Green Peas**

\$0.50

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○

**Onions**

\$0.50

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○

**Tomatoes**

\$0.50

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○

**Artichokes**

\$0.75

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○

**Black Olives**

\$0.75

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○

**Cheddar Cheese**

\$0.75

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○

**Chopped Egg**

\$0.75

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○

**Crisp Bacon**

\$0.75

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○

**Diced Turkey or Ham**

\$0.75

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○

**Hearts of Palm**

\$0.75

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○

**Mandarins**

\$0.75

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○

**Sliced Mushrooms**

\$0.75

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○

**Raisins**

\$0.90

○

**Dried Cranberries**

\$0.90

○

**Sliced Almonds**

\$0.90

○

**Walnuts**

\$0.90

○

**Blue Cheese**

\$1

○

**Feta Cheese**

\$1

○

**"Pico de Gallo"**

\$1

○

**Avocado Wedge**

\$1

○

**Shrimp**

\$1.50

○

**"Carnitas"**

\$1.99

○

**Chicken Breast (3 oz)**

\$1.99

○

**Tuna Salad**

\$2.25

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Chicken Salad  
\$2.25

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Smoked Salmon  
\$2.25

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Breaded Chicken  
\$2.25

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King Crab Vinaigrette  
\$2.95

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Salmon Filet  
\$3.50

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Churrasco  
\$3.99

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"Salpicón de Mariscos"  
\$3.99

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## • Step 3: Choose your Dressing

### • -Classic Dressings

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Balsamic Vinaigrette

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Blue Cheese

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Caesar

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French

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Honey Mustard

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○ Italian

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○ Ranch

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○ Thousand Island

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○ Wine Vinegar

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• -Exotic Dressings

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○ Chunky Blue Cheese

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○ Honey Dijon  
0 fat

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○ Honey Mustard

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○ Oriental Toasted Sesame  
regular or fat free

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○ Sun-dried Tomato & Basil  
0 fat

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○ Raspberry Vinaigrette

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○ Blue Cheese Vinaigrette

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• -Caribbean Vinaigrettes

All natural, No preservatives

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○ Guava

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○ Mango

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- -Spa Dressings

- Balsamic

- Blue Cheese

- Caesar

- French

- Italian

- Ranch

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